



# RESPECT



# PARENT'S GUIDE TO POSITIVE SIDELINES

## Top Tips for Parents on the Sidelines – Helping Your Child Thrive in Grassroots Football



### Be Their Biggest Supporter, Not Their Coach

Let the coach guide the team – your job is to be proud of them!



### Focus on Effort, Not Just Results

Celebrate attitude, perseverance, and teamwork.



### “You worked so hard today” means more than “You scored!”



### Stay Calm and Respectful

Referees and coaches are human – mistakes happen.



### Model the behaviour you want your child to show



### Post-Match Words: “I Loved Watching You Play”

Avoid breaking down performance or tactics on the way home.



### Focus on enjoyment, not analysis



### It's Their Game, Not Yours

Let them make mistakes, try new things, and learn in their own time.



### Every child develops at their own pace



### Be a Role Model

Your body language, words, and tone shape the environment.



### Want to do more?

Ask your club about potential volunteer opportunities!

### Become a Respect Marshall



### Refresh your memory on the FA Grassroots Code



### Don't believe us? Hear it from our partners:

#### No1Fan.Club

A community supporting parents through the football journey.



#### Working With Parents in Sport

Practical advice, training, and insights to help parents and coaches work together.